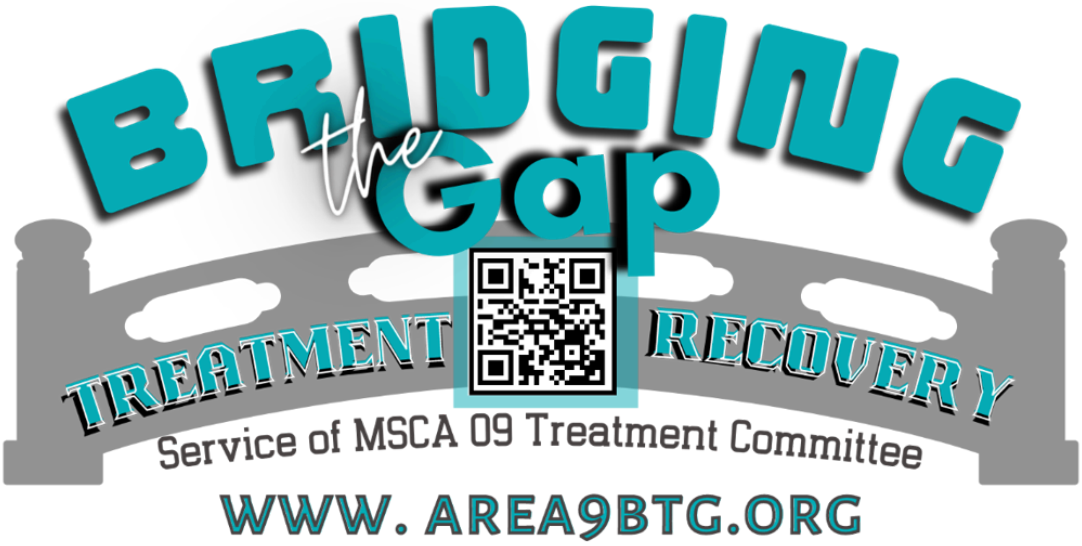

YOU CAN HELP AREA 9 NEWCOMERS TRANSITION FROM TREATMENT TO A.A.

The Alcoholics Anonymous *Bridging the Gap* program offers newcomers a *Temporary Contact* to make the transition from a treatment facility into A.A. Experience has shown that one of the more 'slippery' places in the journey to sobriety is between exiting a treatment facility and entering the nearest A.A. group or meeting.

WHAT IS A TEMPORARY CONTACT'S ROLE?

To help newcomers with this transition, you can act as a *Temporary Contact* (see A.A.'s *Bridging the Gap* pamphlet P-49). It's an excellent way to be of service by giving the newcomer a good start on the path to long-term recovery. This is a short-term commitment. A.A. suggests that the Temporary Contact accompany the newcomer at a limited number and variety of meetings; make introductions to other A.A.'s; ensure that the newcomer has phone numbers; and, share the experience and benefits of sponsorship and a home group. This is basic 12th step work. Experience suggests that for the initial meeting it is best to be accompanied by another A.A. member and that the Temporary Contact have at least six months of solid sobriety.

IT'S EASY TO GET INVOLVED

If you are interested in doing this important 12th Step work, simply use the QR code above or visit www.area9btg.org to access the "Become a Temporary Contact" form. Based on your age, gender and location, we will match you with someone in your area who will soon be released from treatment.

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