MSCA09 Treatment Committee P.O. Box 51446. Irvine, CA 92619-1446 (949) 334-7994

PRAYERS

The Set Aside Prayer

God, Let me set aside everything I think I know about you, A.A., myself and my illness, for an open mind and for a new experience. Let me be honest and thorough. Amen.

Serenity Prayer

God, Grant me the Serenity to accept the things I cannot change, Courage to change the things I can and wisdom to know the difference.

3rd Step Prayer - Pg. 63 (BB)

God, I offer myself to Thee, to build with Me and to do with me as Thy will. Relieve me of the bondage of self that I may better do Thy will. Take away my difficulties that victory over them may bear witness to those I would help of Thy Power, Thy Love and Thy Way of Life. May I do Thy Will Always!

7th Step Prayer - Pg. 76 (BB)

My Creator I am now willing that you should have all of me, good and bad. I pray that you now remove from me every single defect of character that stands in the way of my usefulness to You and my fellows. Grant me strength as I go out from here to do your bidding. Amen.

11th Step Prayer - PG. 99 (12x12)

Lord, make me a channel of Thy peace-that where there is hatred, I may bring love- that where there is wrong, I may bring the spirit of forgiveness-that where there is discord, I may bring harmony-that where there is error, I may bring truth-that where there is doubt, I may bring faith-that where there is despair, I may bring hope-that where there are shadows, I may bring light-that where there is sadness, I may bring joy. Lord, grant that I may seek rather to comfort than to be comforted- to understand, than to be understood-to love, than to be loved. For it is by selfforgetting that one finds, it is by forgiving that one is forgiven. It is by dying that one awakens to Eternal Life. Amen.

Responsibility Statement:

I am Responsible... When anyone, anywhere reaches out for help; I want the hand of A.A. always to be there. And for that I am responsible.

Declaration of Unity

This we owe to A.A.'s future; To place our common welfare first. To keep our fellowship united. For on A.A. unity depend our lives, and the lives of those to come.

The STEPS are our Message. The TRADITIONS PROTECT our message. The CONCEPTS PERPETUATE our message.







.A. Breakdown

- Meeting the structured gathering with a format, readings and prayers. a meeting is one thing a group
- Group: All the stuff that you do with those same members from the meeting in between meetings. I.E.
- Celebrations, H&I panels, service work , fellowship CROSSTALK : When sharing directly to a specific
- person in the meeting. **Tradițion 11** -We do not take photos of faces or post publicly any photos using the name Alcoholics Anonymous. We have PERSONAL Anonymity at the public level. ALWAYS!
- **Open Meeting** Anyone can attend. **Closed Meeting** for Alcoholics only.
- Types of meetings: BigBook, Discussion/Participation, Step study, Literature, Speaker, 3 legacy, 11th step,
- We share in a <u>general way in meetings</u> and in detail with a sponsor. We share the solution with the group and the problem with our sponsor. What WE were Like, What happened, What WE are like now as the result of taking the steps
- Sponsor Criteria: Have a sobriety date, a sponsor, a homegroup & gone through the 12 Steps. Knowledge of Traditions

 The Bigbook is our nickname for the Alcoholics

- The Bigbook is our nickname for the Alcoholics Anonymous Book that conveys the AA program. 13th Stepper: Someone with time who takes advantage of a newcomer who is vulnerable. (i.e. hooking up, or cheap labor)
 We have a singleness of purpose meaning we don't care if you are a drug addict or whatever else. We only care if you're alcoholic. not "And a"

 AA entities: Central Office the Local office with 24hr hotline and meeting directory. General Service

 Structure is AA in US and Canada. Breaks down into 93

 Areas & Areas break down to Districts. Areas & Areas break down to Districts.
 - Orange County, Riverside and San Bernardino Counties are all a part of <u>Mid-Southern</u> <u>California Area 09</u>
- There's an **Area Archives** repository in Riverside full of AA history in general and Local So. Cal. and Inland Empire history. Open to the public. **General Service Committees** address different parts
- of AA: Public information (to know we exist), Treatment, Corrections, Accessibility, Elder community, Professional Community, Young People. Ask your GSR for more info

Area 09 Central Offices for local meeting information:

- Orange County Central Office 714-556-4555 Santa Ana
- North Orange County Central Office (714) 773-4357 Fullerton
 - S. Orange County Central Office 949-582-2697 Laguna Niguel
- All South Bay Central Office (310) 618-1180 Torrance
- Harbor Area Central Office (562)989-7697 Long Beach
- Inland Empire Central Office 909-825-4700 Colton
- Central Office of the Desert (760) 324-4880 Cathedral City
- Temecula Central Office (951) 530-4136 Murrieta
- Victor Valley Intergroup Central Office 760-242-9292 Apple Valley

Are you a REAL Alcoholic? If you agree to the following statements, then you're ONLY hope will be the Spiritual one found in the 12 steps of AA. If thats you...... Welcome!

- 1. When you honestly want to, you find you cannot quit entirely
- 2. When drinking, you have little control over the amount you take